

Republic of the Philippines
 City of San Carlos
 Negros Occidental

SHEET NO. 1

REBIDDING

INVITATION TO BID

PURCHASE REQUEST NO: 9-25-03-0609

Sealed bids for quotation of prices will be received for the purchase of the following supplies, materials and equipment of the government to be opened on the date, place and time stated in **INSTRUCTION TO BIDDERS**.

ITEM #	QTY.	UNIT	ARTICLES	U PRICE	TOTAL
1	9000	serving	MEALS NOTE: 1. SUBJECT TO MONTHLY BILLING 2. INCLUDES OBLIGATION OF ELECTRICITY AND WATER SUPPLY 3. THE WINNING BIDDER MUST COMPLY ALL THE REQUIREMENTS (SEE ATTACHED) X-X FOR THE USE OF SAN CARLOS CITY HOSPITAL.	_____	_____
PURPOSE:				T O T A L	_____

 Company Name / Business Name & Address

 Name / Signature of Representatives

 Form & Amount
 of Bid Security

SAN CARLOS CITY HOSPITAL

SAN CARLOS CITY, NEGROS OCCIDENTAL
NUTRITION & DIETETICS SERVICE

Request for all admitted patients

1. REGULAR FULL DIET BREAKFAST

Fruits or Juice:

Any of the following:

1. Banana 10x4cm 55gms
2. Pineapple slice 10x6x2cm or ½ cup 75 gms
3. Rambutan 2pcs
4. Papaya slice 10x6x2cm or ¾ cup
5. Watermelon 1 sliced 12x6x3cm or 1 cup

Meat/Fish Viand

Any of the following:

- Corned beef 3T or 40 grms
- Ham sausage 3pcs or 55gms
- Longganisa 25gms (11x4x0.5cm)
- Salami 3slices 50gms
- Vienna sausage 4pcs 70gms
- Hotdog 60gms (chicken/pork)
- Tuna sardines/tuna flakes 50gms
- Pork & beans ½ cup 65gms
- Fish (100gms)
- Pork (100gms)

Eggs

1 Chicken egg 60gms

Rice/ bread

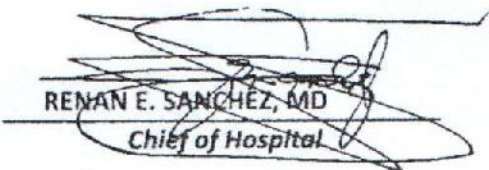
1 cup (200 calories) or 4 sliced bread

Pedia: Cerelac 50gms/207 calories

Beverages

3 in 1 Coffee/Energen (*For Full/Regular diet*)


Lipton tea (*For Therapeutic diet*)


RENAN E. SANCHEZ, MD

Chief of Hospital

AIDA RUBI O. LIM
Nutritionist-Dietitian

RD # 2051



LUNCH/DINNER

Soup	1 cup
Meat/Fish Viand	100gms
Vegetable	45gms or ½ cup
Rice	200gms or 1 cup
Dessert/sweets	1 pc candy/gummies/ jelly ace
	Banana 10x4cm 55gm

2. SPECIAL DIET

BREAKFAST:

Fruits:

Any of the following:

1. Banana 10x4cm 55gms
2. Pineapple slice 10x6x2cm or ½ cup 75gms
3. Rambutan 2pcs.
4. Papaya slice 10x6x2cm or ¾ cup
5. Watermelon 1 slice 12x6x3cm or 1 cup

Meat/Fish Viand

Ham sausage 3pcs or 55 gms
Chicken Longganisa 25gms
Vienna sausage 4 pcs 70gms
Chicken Hotdog 60gms
Tuna sardines/Tuna flakes 50gms
Fish 100gms
Pork 100gms

Eggs

1 Chicken egg 60gms (86 calories)

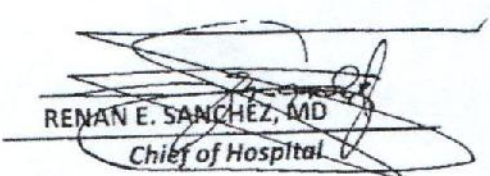
Rice/ bread

1 Cup (200 calories) or 4 sliced bread

Beverage

4T Non-fat milk 30gms

Crackers 16gms 5pcs.


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LUNCH/DINNER

Soup	1 Cup
Meat/Fish Viand	100gms
Vegetables	45gms Or ½ cup
Rice	200gms or 1 cup
Fresh fruit	Banana 10x4cm 55gms
	Crackers 16gms 5pcs.

3. GENERAL LIQUIDS /CLEAR LIQUIDS/SIPS OF WATER DIET

1 Liter Mineral Water (*for sips of water diet*)*[for post-operative patients]

350 ml Mineral Water

230ml Green Tea

1 Tetra Pack Juice

5 pcs Jelly Ace

1 plain crackers

4. OSTEORIZED TUBE FEEDING (1,800 Kcal/ as recommended Calories /Patient)

Full cream / Non-fat Milk

1 cup vegetable (32 cal)

3 cups lugao

1/8 cup canola oil/2tbsp (90 cal)

2 Crackers (120cal)

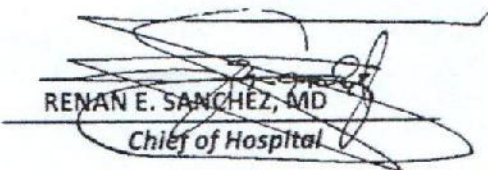
6 350ml Mineral water

Fruit

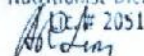
Eggs or Ground Meat

5. SHOULD PROVIDE:

1. 2- Cooks
2. 1- Food server
3. 1- administrative aide


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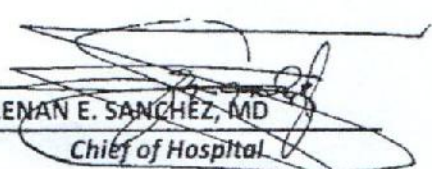
A. Should serve the 3 meals on the following specified time;


BREAKFAST	6:30-7:30 AM
LUNCH	11:00-11:30 AM
DINNER	5:00-6:00 PM

B. Should maintain cleanliness and sanitary measures, proper hygiene inside the kitchen premises.

C. Should provide the following kitchen utensils and equipments.

1. Can opener- 2
2. Bottle opener- 1
3. Funnel- 1 set
4. Coriander- 4pcs
5. Spider strainer- 2
6. Rubber bowl scraper- 2
7. Cutting boards-
 - for vegetables- 2
 - for meats-2
 - for fish- 2
8. Strainer, small, medium, large- 1 each
9. Slicing knife- 4
10. Carving knife- 2
11. Peeler-2
12. Kitchen shear-2
13. Sharpening steel- 1
14. Grater-2
15. Wooden spoon- 2
16. Basting spoon- 8
17. Slotted spoon- 4
18. Ladle- 4
19. Turner- 4
20. Off set spatula-2
21. Tongs – 6
22. Kitchen forks - 4
23. Dietitic scale -1


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Chief of Hospital

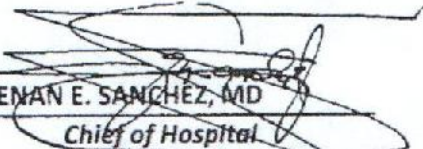
AIDA RUBI O. LIM
Nutritionist-Dietitian
D.# 2051


24. Kitchen scale - 1
25. Measuring cups - 4 sets
26. Pots and pans
 - Frying pan with cover - 4
 - Sauce pan - 2
 - Casserole - 4
 - Stock pot - 4
 - Wok - 2
 - Kawa - 4
27. Rice cooker heavy duty - 4 (40 cups)
28. Heavy duty burner - 4
29. Freezer upright - 1
30. Refrigerator - 1
31. Plastic wrap - 8 rolls/week (*if circle tubs not available*)
32. Hand towels/dish towels
33. Dishwashing soap
34. Antibacterial hand soap
35. Trash bins
36. Disinfectant
37. Insect sprays
38. Blender heavy duty - 3
39. Dishwashing rack - 10
40. Smokeless griller - 1
41. Smokeless pan fryer
42. Paper kitchen towels 1 roll/month (850 pulls)
43. Scotch tape with Dispenser - 3 pcs

D. Food should be prepared in the Hospital Kitchen

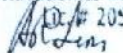
E. Uniform For Kitchen Staff

1. 3 white shirt w/ collar
2. Apron
3. Bouffant
4. Face Masks Disposable
5. Face Shield


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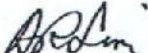
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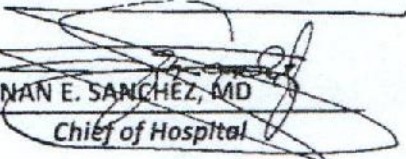
F. **Disposables**

1. Paper Box with 3 compartment
2. Paper cups 8oz & 12oz
3. Spoon & Fork
4. Brown Bag no.25
5. Circle Tub 10 oz with cover (225mL)
6. Circle Tub 16 oz with cover (450mL)

Prepared by:


AIDA RUBI O. LIM
Nutritionist-Dietitian III

Noted by:


RENAN E. SANCHEZ, MD
Chief of Hospital

Approved by:

RENATO Y. GUSTILO
City Mayor

INSTRUCTION TO BIDDERS

PURCHASE REQUEST NO : 9-25-03-0609 **DATE** : March 26, 2025

PURPOSE: FOR THE USE OF SAN CARLOS CITY HOSPITAL.

OFFICE : CITY HOSPITAL

DATE OF OPENING & DEADLINE FOR THE SUBMISSION OF BIDS : 1:30 P.M. , April 22, 2025

PLACE : BAC Secretariat Office/CMO Extension Office

AMOUNT OF CONTRACT

BID SECURITY

	Cash/ Manager's Check/ Bank Draft/Guarantee (2% of ABC)	Surety Bond (5% of ABC)			
:	990,000.00	:	19,800.00	:	49,500.00

TERMS & CONDITIONS

- The Bid/Bids shall be accompanied by a BID SECURITY in any of the following forms:
 - Cash or cashier's / Manager's Check issued by a Universal or Commercial Bank in favor of City Treasurer of San Carlos City. : Two percent (2%) of the ABC (See above)
 - Bank draft/guarantee or irrevocable letter of credit issued by a Universal or Commercial Bank: Provided, however, that it shall be confirmed or authenticated by a Universal or Commercial Bank, if issued by a foreign bank. : Two percent (2%) of the ABC (See above)
 - Surety Bond callable upon demand issued by a surety or insurance company duly certified by the Insurance Commission as authorized to issue such security. : Five percent (5%) of the ABC (See above)
 - Any combination of the foregoing : Proportionate to share form with respect to total amount of security
 - Bid Securing Declaration
- Secure bidding documents from the BAC Secretariat Office at a non-refundable fee of (per City Ordinance No. 23-21, Series of 2023.) P 1,000.00
- Sample or Brochures of the materials (if required) shall be attached to the bid documents.
- Your price offer must be valid for 120 calendar days.
- Award will be made to the Lowest Calculated Responsive Bid (LCRB) that is the most advantageous to the government subject to post evaluation by the BAC.
- Submit Omnibus Sworn Statement duly notarized, together with your bid.
- The government reserves the right to reject any or all bids, declare a failure of bidding or not award the contract based on RA 9184.
- Electronic submission and receipt of bids is not available pending compliance with GPPB Resolutions.

SGD

ATTY. MA. CHAT H. DELIMA-CORDERO

City Gov't Dept. Head I-OHRM / BAC Chairman
BIDS & AWARDS COMMITTEE